

Boys' Swimming and Diving Captures 7th New England Championship 11 records and 4 All-American performances

(Lakeville, CT) – One week after placing second at the prestigious Eastern Championships—where Andover achieved 75% personal bests across all swims—the Big Blue returned to the pool to defend its New England title. In a remarkable follow-up performance, the Boys achieved 42% personal bests across all swims at New Englands.

Because of these performances, and performances in the relays, Andover was able to win its 7th title since 2007. The final team scores: Andover (401), Suffield (312.5), Brunswick (296), Choate (243), Deerfield (225.5), Exeter (209).

With only one victory, Neil Simpson '19 in the 200 Individual Medley, Andover dominated the meet with its depth, best represented in its relays. In a single day, Andover swam 1:34.95 in the 200 Medley Relay, 1:25.37 in the 200 Freestyle Relay, and 3:05.79 in the 400 Freestyle Relay. Each of these is among the fastest in school history.

Other highlights of the meet—and ones that bode well for the future—include Andover's continued assault on its record board. Arnold Su '20, Sam Donchi '20, Anthony Minickiello '20, and Adam Vlastic '20 each established new Junior Records. One week after breaking Brian Fiske's '03 Lower Record in the 100 Breaststroke, Neil Simpson '19 broke his record in the 200 Individual Medley. And Nick Isenhower '18 lowered his own Upper Record in the 100 Freestyle.

200 Medley Relay

Jack Warden '19 (24.39), Neil Simpson '19 (26.13), Lance Freiman '19 (23.10), Will Kantaros '18 (21.33)

1:34.95

2nd/All-American Consideration Time Standard/5th-fastest performers in school history

Nate Smith '18 (25.93), Jonathan Xue '17 (28.73), Harvey Zheng '19 (25.31), Dan Tran '17 (23.24)

1:43.21

non-scoring exhibition

200 Freestyle

Nick Isenhower '18

1:41.31

2nd place/3rd-fastest performer in school history

Arnold Su '20

1:42.15

4th place/Junior Record (previous Anthony Minickiello '20 1:44.74 in 2017)/5th-fastest performer in school history

Anthony Minickiello '20

1:46.21

10th place

Dan Tran '17

1:50.61

non-scoring exhibition

200 Individual Medley

Neil Simpson '19

1:52.36

1st place/Lower Record (previous Brian Fiske '03 1:52.70 in 2001)/2nd-fastest performer in school history

Lance Freiman '19

1:55.43

4th place/6th-fastest performer in school history

Jacob Hudgins '19

1:59.10 (1:58.69 prelims)

10th place

Harvey Zheng '19

2:03.95

non-scoring exhibition

50 Freestyle

Christian Alberga '17

21.38 (21.32 prelims)

4th place

Jack Warden '19

21.91 (21.83 prelims)

6th place/Lower Record (previous Michael Camarda '14 21.86 in 2012)/12th-fastest performer in school history

Jonathan Xue '19

23.58

non-scoring exhibition

Diving

Matt Grottkau '17

343.25 points

7th place

100 Butterfly

Adam Vlastic '20

51.23

2nd place/Junior Record (previous Sam Donchi '20 51.65 in 2017/Tied with Rob Hill '91 as 2nd-fastest performer in school history

Sam Donchi '20

51.60

5th place/Tied with Jack Warden '19 as 4th-fastest performer in school history

Lance Freiman '19

52.73

10th place/9th-fastest performer in school history

Richard Zhong '17

56.54

non-scoring exhibition

100 Freestyle

Nick Isenhower '18

46.29

3rd place/Upper Record (previous Nick Isenhower 46.58 in 2017)/2nd-fastest performer in school history

Christian Alberga '17

46.88 (46.73 in prelims)/5th-fastest performer in school history

6th place

Will Kantaros '18

49.95 (49.46 in prelims)

14th place

Harvey Zheng '19

50.49

non-scoring exhibition

500 Freestyle

Anthony Minickiello '20

4:42.77 (4:42.02) in prelims)

3rd place/Junior Record (previous Anthony Minickiello '20 4:43.19 in 2017)/3rd-fastest performer in school history

Adam Vlastic '20

4:50.70 (4:49.68 in prelims)

9th place/12th-fastest performer in school history

Riku Tanaka '20

4:52.72

12th place/18th-fastest performer in school history

Rick Ono '19

5:01.08

non-scoring exhibition

200 Freestyle Relay

Nick Isenhower '18 (21.82), Jack Warden '19 (21.70), Arnold Su '20 (21.17), Christian Alberga '17 (20.68)

1:25.37

2nd place/All-American Consideration Time

Nate Smith '18 (23.35), Rick Ono '19 (23.18), Dan Tran '17 (23.13), Jonathan Xue '17 (23.00)

1:32.66

non-scoring exhibition

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100 Backstroke

Jack Warden '19

51.75

4th place/4th-fastest performer in school history

Sam Donchi '20

53.86 (53.20 in prelims)

7th place/Junior Record (previous record Joe Faller '14 53.89 in 2011)/Tied with Brian Fiske '03 as 8th-fastest performer in school history

Richard Zhong '17

55.16

12th place

Nate Smith '18

56.02

non-scoring exhibition

100 Breaststroke

Arnold Su '20

57.13

2nd place/All-American Consideration Time

Neil Simpson '19

57.66 (57.53 in prelims)

3rd place

Jacob Hudgins '19

59.12 (58.69 in prelims)

4th place

Jonathan Xue '17

1:02.71

non-scoring exhibition

400 Freestyle Relay

Nick Isenhower '18 (46.64), Arnold Su '20 (45.93), Neil Simpson '19 (46.98), Christian Alberga '17 (46.24)

3:05.79

3rd place/2nd-fastest performers in school history/Automatic All-American Time

Richard Zhong '17 (51.80), Harvey Zheng '19 (50.33), Rick Ono '19 (51.07), Dan Tran '17 (50.89)

3:24.09

non-scoring exhibition