

## 10 All-American Performances, 9 New Records, 65% Best Times

(Exeter, NH) – Two weeks after placing second at the prestigious Eastern Swimming & Diving Championships in Lancaster, PA, the Andover Boys' Swimming & Diving Team returned to competition at the 2018 New England Preparatory School Athletic Conference Division I Championships (New Englands) to defend its title.

With three weeks of uncertainty behind them—the flu that prevented three team members from competing at Easterns; more illness upon our return to campus; the difficulty of maintaining physical and mental focus after the outstanding performance at Easterns; the end of the academic term—the Boys entered New Englands poised to demonstrate their strengths: both great speed and great depth. The former was demonstrated by Andover's surpassing an All-American standard ten times—including eight of the seventeen members of the team—by breaking of nine records, and by winning two relays and placing second in the third. The latter was demonstrated by Andover's winning all three non-scoring "B" relays and its scoring 99 more points than its nearest competition: 434 to 335.

All this was accomplished by all the Boys simply performing well when the pressure it greatest. At Easterns, Andover achieved 22 personal best times out of 28 individual events. At New Englands, the result was 20 personal best times out of 31 individual events. Both of these stats are impressive for any team, any year. Other highlights of the meet: during the preliminary heats, Andover created a 77-point swing in its seeding for the final heats, 3xs more than any other team, and the three boys who missed Easterns had best times in five out of six events.

### 200 Medley Relay

Jack Warden '19 (23.55), Neil Simpson '19 (25.18), Lance Freiman '19 (21.92), Arnold Su '20 (20.50)  
1:31.15, 1<sup>st</sup> place

\*\*New England Record and Pool Record (previous 1:31.71 Deerfield from 2015)

\*\*School Record (previous 1:31.82 Tim Wynter '14, Scott Simpson '14, Joe Faller '14, Michael Camarda '14 from 2014)

\*\*All-American

Nate Smith '18 (25.33), Marcus Lee '21 (27.34), Harvey Zheng '19 (25.48), Andy Xu '19 (22.68)  
1:40.83, Fastest non-scoring "B" relay

### 200 Freestyle

Nick Isenhower '18  
1:40.40 (Personal Best prelims and finals), 4<sup>th</sup>  
\*\*All-American (prelims and finals)

Anthony Minickiello '20  
1:45.09 (Personal Best 1:44.29 prelims), 7<sup>th</sup>

Adam Vlastic '20  
1:45.31 (Personal Best prelims and finals), 9<sup>th</sup>

Riku Tanaka '20  
1:46.93 (Personal Best), 13<sup>th</sup> fastest in preliminaries but forced to scratch from finals under league rules

### 200 Individual Medley

Neil Simpson '19  
1:50.64, 2<sup>nd</sup>  
\*\*All-American (prelims and finals)

Lance Freiman '19  
1:53.99 (Personal Best 1:53.29 prelims), 6<sup>th</sup>

Jacob Hudgins '19  
1:59.15 (1:58.22 prelims), 10<sup>th</sup>

Rick Ono '19  
2:01.92, 15<sup>th</sup> fastest in preliminaries but forced to scratch from finals under league rules

### 50 Freestyle

Arnold Su '20  
21.30 (Personal Best prelims and finals), 4<sup>th</sup>  
\*\*Lower Record prelims and finals (previous 21.42 Arnold Su 2018)

Will Kantaros '18  
21.74 (Personal Best), 7<sup>th</sup>

Jack Warden '19  
22.16 (21.91 prelims), 10<sup>th</sup>

Marcus Lee '21  
22.30 (Personal Best), 13<sup>th</sup> fastest in preliminaries but forced to scratch from finals under league rules

### Diving

Zack Peng '21  
409.00, 3<sup>rd</sup>

Jack Curtin '19  
216.00, 13<sup>th</sup>

### 100 Butterfly

Lance Freiman '19  
49.93, 2<sup>nd</sup>  
\*\*All-American

Sam Donchi '20  
50.38 (Personal Best prelims and finals), 3<sup>rd</sup>

Adam Vlasic '20  
51.22 (51.16 prelims), 6<sup>th</sup>

Harvey Zheng '19  
56.52 (Personal Best), 19<sup>th</sup> fastest in preliminaries

### 100 Freestyle

Arnold Su '20  
45.56 (Personal Best prelims and finals), 2<sup>nd</sup>  
\*\*School Record (previous 46.03 Nick Isenhower '18 from 2018)  
\*\*Lower Record (previous 46.69 Arnold Su '20 from 2018)  
\*\*All-American

Nick Isenhower '18  
46.40, 3<sup>rd</sup>

Neil Simpson '19  
46.77 (Personal Best 46.42 prelims), 5<sup>th</sup>

Will Kantaros '18  
49.42 (Personal Best), 14<sup>th</sup> fastest in preliminaries but forced to scratch from finals under league rules

### 500 Freestyle

Sam Donchi '20  
4:39.37 (Personal Best 4:36.81 prelims), 4<sup>th</sup>

Anthony Minickiello '20  
4:45.37, 5<sup>th</sup>

Riku Tanaka '20  
4:48.15, 11<sup>th</sup>

#### 200 Freestyle Relay

Nick Isenhower '18 (21.53), Will Kantaros '18 (21.27), Marcus Lee '21 (21.70), Adam Vlastic '20 (21.37)  
1:25.87, 2<sup>nd</sup>  
\*\*All-American

Harvey Zheng '19 (23.56), Andy Xu '19 (22.76), Yubo Jin '21 (23.76), Rick Ono '19 (22.74)  
1:32.82, Fastest non-scoring "B" relay

#### 100 Backstroke

Jack Warden '19  
50.87 (Personal Best), 1<sup>st</sup>  
\*\*All-American

Marcus Lee '21  
54.05 (Personal Best 53.80 prelims), 8<sup>th</sup>

Nate Smith '18  
54.16 (Personal Best), 10<sup>th</sup>

Harvey Zheng '19  
56.86 (Personal Best), 20<sup>th</sup> fastest in preliminaries

#### 100 Breaststroke

Yubo Jin '21  
59.71 (Personal Best 59.52 prelims), 5<sup>th</sup>

Jacob Hudgins '19  
1:00.73 (59.94 prelims), 8<sup>th</sup>

Rick Ono '19  
1:02.86 (Personal Best 1:01.29 prelims), 15<sup>th</sup>

Andy Xu '19  
1:03.80, 17<sup>th</sup> fastest in preliminaries

#### 400 Freestyle Relay

Nick Isenhower '18 (46.26), Arnold Su '20 (45.72), Lance Freiman '19 (45.97), Neil Simpson '19 (46.02)  
3:03.97, 1<sup>st</sup>  
\*\*Pool Record (previous 3:06.13 Exeter from 2012)  
\*\*All-American

Sam Donchi '20 (47.93), Riku Tanaka '20 (49.28), Andy Xu '19 (51.00), Anthony Minickiello '20 (48.34)  
3:16.55, Fastest non-scoring "B" relay

Special Congratulations and Gratitude to Our Three Seniors.

Will Kantaros started swimming on our JV team as a Lower in 2016 and concludes his Andover career as an All-American.

Nate Smith is the only four-year member of the team, and simply kept getting faster: concluding his career with four consecutive personal best times in the 100 Back!

Nick Isenhower served as, simply, the perfect Captain this year—no easy year—and is a multi-time All-American, school record-holder, and top-3 New England finisher.

Team Scores

- 434 Andover
- 335 Exeter
- 312.5 Brunswick
- 283 Suffield
- 241 Deerfield
- 191.5 Choate
- 178 Loomis
- 108 Hopkins
- 71 Hotchkiss
- 42 Milton
- 24 NMH